



... a ministry helping single and new pregnant moms and their families,
impacted by unexpected pregnancies, by providing support and community through local churches ...

EmbraceGrace.com



VOLUNTEERS NEEDED!

Provide Meal Train Meals for New Moms & Team Members during Embrace Grace Evening Meetings

Mondays, August 11 – November 3, 2025

(12 Weeks, *as scheduled below)

August 11 (Week 1)

(NA)

August 18 (Week 2)



September 15 (Week 5)



October 13 (Week 9)



August 25 (Week 3)



September 22 (Week 6)



October 20 (Week 10)



September 1
(*Labor Day Break)

September 29 (Week 7)



October 27 (Week 11)



September 8 (Week 4)



October 6 (Week 8)



November 3 (Week 12)



Already a Meal Train Volunteer?

*Choose your date(s) and meals – use the QR Codes in the Schedule! (left)

Want to JOIN to be a Meal Train Volunteer?

*First, create a FREE account at MealTrain.com!
Use QR Code below!



*Then choose your date(s) and meals – use the QR Codes in the Schedule! (left)

*Finally,
Drop Off Meal Train Meals
(in disposable containers)
at 5:30 PM
to the Church Kitchen
on the Scheduled Date!

Thank you!

Questions? Contact: Evan Cunningham, *Embrace Grace Coordinator*; Melissa Owens, *Meal Train Coordinator*;
Church Office, for assistance with Meal Train sign up!